

Spring Larmer 2022

Spring Larmer 7 Mile

Larmer Tree Races

Position	Bib	Name	Gender	Gender Rank	AG	AG Rank	Club	Time
1	2265	Tim Fudge	m	1	Male 40	1	Poole AC	53:45
2	1792	Lee Collier	m	2	Male 40	2	Dorset Doodlers	57:26
3	1883	Sarah Kemp	f	1	Female Under 40	1	City Of Salisbury Athletic And Running Club	57:54
4	1776	Dirk Brink	m	3	Male Under 40	1		57:59
5	1850	James Hall	m	4	Male 40	3	Poole Runners	58:10
6	1972	Ben Tomlin	m	5	Male 40	4		58:43
7	1893	Howard Lewis	m	6	Male 50	1	Poole Runners	1:00:03
8	1778	Mark Brooks	m	7	Male 60	1	Fareham Running Club	1:01:11
9	1828	Charles Fox	m	8	Male 60	2	New forest runners	1:01:21
10	1846	Matthew Goodridge	m	9	Male 50	2	West Wight Road Runners	1:01:34
11	1868	David Hunter	m	10	Male 40	5	Royal Manor Portland AC	1:02:03
12	1981	tony weaver	m	11	Male 50	3	Lytchett Manor Striders	1:02:09
13	1886	Lydia Knightjoy-Burge	f	2	Female Under 40	2	Poole Runners	1:02:21
14	1896	Simon Lynch	m	12	Male 50	4	Bad Boy Running Club	1:03:12
15	1799	Russ Cooper	m	13	Male 50	5	Salisbury Shufflers	1:04:06
16	1965	Simon Tandy	m	14	Male 50	6	9 Endurance Triathlon Club	1:04:13
17	1989	Richard Williams	m	15	Male 50	7	City of Salisbury AC & RC	1:04:23
18	1963	Cameron Sweetenham	m	16	Male Under 40	2	Verwood Runners	1:06:13
19	1960	Oscar Sudworth	m	17	Male Under 40	3		1:06:17
20	1782	simon bunday	m	18	Male 60	3	Dawlish coasters	1:06:30
21	1795	Oisin Conroy	m	19	Male 40	6		1:07:03
22	1961	Tabitha Sudworth	f	3	Female 40	1		1:07:06
23	1923	Adele Parham	f	4	Female 50	1	Wincanton masters	1:07:25
24	1849	Jon Hain	m	20	Male 40	7		1:07:25
25	1759	David Ball	m	21	Male Under 40	4	OS runners	1:07:28
26	1897	Antony Mabey	m	22	Male 50	8	OS runners	1:07:30
27	1804	mark Dawson	m	23	Male 50	9	Poole Runners	1:07:33
28	1881	Clare Keen	f	5	Female 40	2	Lytchett Manor Striders	1:07:37
29	1785	Paul Chapman	m	24	Male 60	4		1:08:03
30	1867	Tanya Hunt	f	6	Female Under 40	3		1:08:11



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31	1987	Lucy Williams	f	7	Female 40	3	Canicross Pirates	1:09:10
32	1833	Del Freir	m	25	Male 50	10		1:09:16
33	1938	Vanya Ritchie	f	8	Female 50	2	Poole Athletic Club	1:10:37
34	1937	David Ritchie	m	26	Male 60	5	Poole AC	1:10:38
35	1875	Matk James	m	27	Male 40	8	Verwood Runners	1:10:40
36	1832	Ben Frayne	m	28	Male 40	9		1:10:40
37	1808	Esther Downes	f	9	Female Under 40	4	Poole Runners	1:11:21
38	1777	Renee Broad	f	10	Female 40	4	Muddy Runners	1:11:53
39	1958	Andrew Storm	m	29	Male 40	10		1:12:10
40	1933	Linda Prouton	f	11	Female 50	3	hedge end running club	1:12:45
41	1809	Tracey Drozdowski	f	12	Female 40	5		1:12:51
42	1765	Kirsty Bell	f	13	Female 40	6		1:13:23
43	1787	Becci Churchill	f	14	Female 50	4		1:13:41
44	1764	Andy Beel	m	30	Male 50	11		1:13:47
45	1945	Simon Shellard	m	31	Male Under 40	5	Lonley goat	1:13:51
46	1956	Kirsten Statham	f	15	Female 50	5	Verwood Runners	1:14:22
47	1842	Nicholas Gillim	m	32	Male 60	6	Weymouth St Pauls Harriers	1:14:28
48	1910	Dory Morris	f	16	Female 40	7		1:14:31
49	1927	Kim Pickering	f	17	Female 40	8		1:14:34
50	1908	Gillie Molland	f	18	Female 40	9		1:14:44
51	1907	Tom Molland	m	33	Male 40	11		1:14:52
52	1861	Jason Hepple	m	34	Male 50	12	Poole Runners	1:14:52
53	1826	Jamie Ford	m	35	Male Under 40	6		1:14:54
54	1827	Sophie Ford	f	19	Female Under 40	5		1:14:55
55	1779	Beverley Brooks	f	20	Female 50	6	Poole Runners	1:15:19
56	1756	Elizabeth Armstrong	f	21	Female Under 40	6		1:15:41
57	1912	clare munford	f	22	Female 40	10	Dorchester Riot	1:15:41
58	1939	Timothy Robins	m	36	Male 40	12		1:16:01
59	1959	Robert Storm	m	37	Male 40	13		1:16:04
60	1813	simon dunk	m	38	Male 70+	1		1:16:24

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61	1824	Sarah Fazakerley	f	23	Female 40	11		1:16:29
62	1967	Nicki Taylor	f	24	Female 40	12	Lordshill Road Runners Club	1:16:34
63	1986	Roy Williams	m	39	Male 60	7	Poole Runners	1:17:16
64	1796	Hayden Coogan	m	40	Male Under 40	7		1:18:44
65	1966	Andy Taplin	m	41	Male 50	13		1:18:45
66	1980	Janine Waldy	f	25	Female 40	13		1:18:50
67	1978	Sally Venn-Coogan	f	26	Female 40	14		1:18:50
68	1770	Diane Borrás	f	27	Female 50	7		1:18:53
69	1890	Elizabeth Lees	f	28	Female 60	1	Poole Runners	1:19:15
70	1774	Wendy Brent	f	29	Female 50	8	Lordshill Road Runners Club	1:19:31
71	1820	Tracey Emery	f	30	Female 40	15		1:19:31
72	1894	Karen Lingafelter	f	31	Female 50	9	Moors Valley	1:19:33
73	2262	Tom Riglar	m	42	Male Under 40	8		1:19:56
74	1924	Patricia Parsons	f	32	Female 50	10	Calne Running Club	1:20:23
75	2267	Liam Cullen	m	43	Male Under 40	9		1:20:28
76	1921	Jordon Palmer	m	44	Male Under 40	10		1:21:25
77	2261	Eleri Riglar	f	33	Female Under 40	7		1:21:27
78	1900	Vic Martin	f	34	Female Under 40	8		1:22:40
79	1866	Laura Hume	f	35	Female 40	16		1:23:08
80	1819	Jane Edwards	f	36	Female 60	2		1:23:23
81	1962	Hayley Sweetenham	f	37	Female 40	17	Verwood Runners	1:24:09
82	1836	Alex Fulton	f	38	Female Under 40	9		1:24:15
83	1845	Tracy Gittins	f	39	Female 50	11	Verwood Runners	1:24:22
84	1793	Stephen Collins	m	45	Male Under 40	11	Dorchester Riot	1:24:42
85	1750	Angie Alexander	f	40	Female 60	3	Poole Runners	1:25:40
86	1996	mark wotton	m	46	Male 60	8	Teignbridge Trotters	1:25:44
87	1902	Sharon Masters	f	41	Female 40	18	Yeovil Town RRC	1:25:44
88	1953	Evelyn Spencer	f	42	Female 50	12	Kingston Lacy Lady Runners	1:26:15
89	1917	Susan Nuttall	f	43	Female Under 40	10		1:26:20
90	1984	Liane Whittles	f	44	Female 40	19		1:26:37



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91	1857	Cherry Hawker	f	45	Female 40	20		1:26:38
92	1983	Paul Whittles	m	47	Male 40	14		1:26:39
93	1955	Mark Squibb	m	48	Male 40	15	Lonely Goat RC	1:26:59
94	1954	Lorraine Squibb	f	46	Female 40	21		1:26:59
95	2266	Melissa Douglas	f	47	Female 40	22		1:28:17
96	1780	Sarah Brown	f	48	Female 40	23		1:28:17
97	1922	Victoria Panther	f	49	Female 40	24		1:28:18
98	1995	Kellie Wort	f	50	Female 40	25		1:28:19
99	2264	Gina Smith	f	51	Female 50	13	Verwood Runners	1:28:20
100	1998	Joanna Wright	f	52	Female 50	14	lordshill road runners	1:28:20
101	1839	Anne Garnish	f	53	Female 50	15	Bad Boy Running Club	1:28:21
102	1920	Petra Oyston	f	54	Female 50	16	COSARC	1:28:42
103	1906	tanya Miles	f	55	Female Under 40	11		1:28:48
104	1815	Zoe Dunne	f	56	Female 40	26	Bad Boy Running Club	1:28:49
105	1930	Anthony Plaskett	m	49	Male 60	9		1:28:55
106	1810	Rachel Duffett	f	57	Female 50	17	Calne Running Club	1:29:19
107	1834	Tammy FriasRobles	f	58	Female 40	27	Poole Athletic Club	1:29:28
108	1916	Sarah Northcott	f	59	Female 40	28	Stubbington Green Runners & AC	1:29:39
109	1752	Carole Alston	f	60	Female 60	4	Avon Valley Runners	1:29:43
110	1914	Francesca Musgrove	f	61	Female 40	29	Lonely Goat RC	1:30:07
111	1878	Erica Johnstone	f	62	Female 40	30	Lonely Goat RC	1:30:19
112	1997	Martin Wright	m	50	Male 60	10	lordshill road runners	1:30:20
113	1951	Penny Southern	f	63	Female Under 40	12	Bournemouth Joggers	1:30:48
114	1931	Sue Powell	f	64	Female 50	18	Chippenham Harriers	1:31:21
115	1952	Corinne Spelman	f	65	Female 60	5	Littledown harriers	1:32:28
116	1901	Alison Masters	f	66	Female 50	19		1:32:47
117	1888	Melanie Lamb	f	67	Female 50	20		1:33:17
118	1887	Zoe Lamb	f	68	Female Under 40	13		1:33:18
119	1964	Hazel Tandy	f	69	Female 50	21	Royal Manor of Portland AC	1:33:26
120	1869	Mandy Hunter	f	70	Female 50	22	Royal Manor of Portland AC	1:33:28



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121	1891	Rebecca Lenarduzzi	f	71	Female 40	31		1:34:01
122	1903	Sarah Mawer	f	72	Female 40	32		1:34:01
123	1753	Kath Anderson	f	73	Female 40	33		1:34:11
124	1823	Robert Farr	m	51	Male 40	16		1:34:31
125	1841	Tina Gillim	f	74	Female 60	6	Weymouth St Pauls Harriers	1:35:09
126	1847	Julie Gosling	f	75	Female 60	7	Wimborne AC	1:35:26
127	1840	Rachel Gee	f	76	Female 40	34		1:35:34
128	1865	lucy hudson	f	77	Female 40	35	gosport road runners	1:35:35
129	1822	Joanne Farr	f	78	Female 40	36		1:35:59
130	1830	MARION FRAMPTON	f	79	Female 60	8	Poole Runners	1:36:35
131	1775	Vanessa Bridgwater	f	80	Female 50	23	The Trail Running Association	1:36:52
132	1889	Laura Lear	f	81	Female 40	37	Verwood Runners	1:37:37
133	1805	Patricia Deane	f	82	Female 70+	1		1:37:59
134	1762	Rachel Bates	f	83	Female Under 40	14	New forest runners	1:38:02
135	1789	Jo Clarke	f	84	Female 40	38	BHAM! Runners	1:38:18
136	1873	Louisa Irvine	f	85	Female 50	24	BHAM! Runners	1:38:18
137	1818	Lucy Eastment	f	86	Female 40	39		1:38:31
138	1946	Lucy Shipton	f	87	Female Under 40	15		1:38:31
139	1831	Robert Frampton	m	52	Male 60	11	Poole Runners	1:38:45
140	2269	Deborah WILSON	f	88	Female 50	25	New forest runners	1:39:09
141	1870	Ferdy Hussain	f	89	Female 40	40		1:39:18
142	1754	Amanda Ansell	f	90	Female 50	26	City of Salisbury ARC	1:39:47
143	1926	Alison Phillips	f	91	Female 50	27	New forest runners	1:40:05
144	1943	Maria Samways	f	92	Female 40	41		1:40:37
145	1968	Shelly Thick	f	93	Female 40	42	Kingston Lacy Lady Runners	1:40:38
146	1879	Ann Jones	f	94	Female 60	9	Tavistock	1:41:00
147	1950	Jenny Smyth	f	95	Female 40	43		1:41:05
148	2263	Nick Floyd	m	53	Male 40	17		1:41:05
149	1932	Caz Price	f	96	Female 40	44		1:41:20
150	1852	Louise Hanlon-Brooks	f	97	Female 40	45	None	1:41:21



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151	1851	Nick Hanlon-Brooks	m	54	Male 50	14	Lonely Goat RC	1:41:22
152	1928	Yvette Pidgley	f	98	Female 50	28	New forest runners	1:41:53
153	1899	Rahema Mamodo	f	99	Female 40	46	This Girl Runs - Solihull	1:42:19
154	1786	Parveen Choudhary	f	100	Female Under 40	16		1:42:20
155	1876	Lisa Jaques	f	101	Female 40	47	New forest runners	1:42:22
156	1918	Gillian Oliver	f	102	Female 50	29	Verwood Runners	1:42:29
157	1971	Gin Tidridge	f	103	Female 50	30	Solent running sisters	1:43:07
158	1864	Louise Hillier-Wheal	f	104	Female 50	31	Solent running sisters	1:43:08
159	1784	Denise Chapman	f	105	Female 50	32		1:43:10
160	1994	Anne Woodruff	f	106	Female 50	33	Dorchester	1:43:45
161	1905	Samantha Mercer	f	107	Female 50	34	Dorchester Riot	1:43:45
162	1806	Becky Dickens	f	108	Female Under 40	17		1:44:14
163	1856	Stephanie Hatt	f	109	Female 40	48	Verwood Runners	1:44:26
164	2260	Sharron Coakley	f	110	Female 50	35	Verwood Runners	1:44:29
165	1895	Emma Lotains	f	111	Female 40	49	Verwood Runners	1:45:33
166	1941	Stephanie Rose	f	112	Female 60	10	Lordshill Road Runners Club	1:46:15
167	1942	Christine Russ	f	113	Female 50	36	Run Verity	1:49:46
168	1874	Ali Irwin	f	114	Female 50	37	Run Verity	1:52:02
169	1749	Mark Young	m	55	Male 50	15	Verwood Runners	1:52:36
170	1758	Cathie Baker	f	115	Female 40	50	Oakdale Runners	1:52:49
171	1884	Sally ketchley	f	116	Female 40	51	Poole Runners	1:53:04
172	1821	Shannon Evans	f	117	Female 50	38	Poole Runners	1:53:07
173	1973	Kate Towner	f	118	Female 40	52	Poole Runners	1:53:10
174	1885	Mike King	m	56	Male 70+	2	HOV H3	1:56:14
175	1915	Lisa Needham	f	119	Female 40	53	Run Verity	1:59:49
176	1871	Paul Ince	m	57	Male 60	12	Run Verity	2:00:02
177	1975	Julie Treharne	f	120	Female 40	54	Run Verity	2:00:03
178	1811	Hannah Dunk	f	121	Female 40	55	Royal Manor of Portland AC	2:02:16
179	1812	Jon Dunk	m	58	Male 40	18	Royal Manor of Portland AC	2:02:17
180	1999	Tim Lupton	m	59		1	100 Marathon Club	2:02:25



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181	1858	carol hayes	f	122	Female 70+	2	Crystal Palace Fun Runners	2:02:32

