

Weekend At The Races 2021

Unicorn Frolic - Fours



Name/Team	Club	Laps	Distance (miles)	Slowest Lap	Average Lap	Fastest Lap	Last Lap
1. Team Rudd - 16 laps - 84 miles - 12:24:19							
Nick Gill		4	21	00:43:04	00:40:47	00:38:58	00:43:04
Phil Rudd	Hardley Runners	4	21	00:46:42	00:44:17	00:42:21	00:46:42
Alice Rudd	Hardley Runners	4	21	00:46:36	00:42:45	00:39:39	00:46:36
Jess Rudd		4	21	01:00:23	00:58:14	00:53:43	01:00:23
2. Three Men and a little lady - 15 laps - 78.75 miles - 12:14:28							
Nick Summons	Dorset Doddlers RC	3	15.75	00:48:27	00:46:01	00:43:30	00:46:05
Jamie Drennan	Run Blandford	3	15.75	00:55:09	00:49:36	00:45:43	00:55:09
Suzanna Baker	Dorset Doddlers RC	3	15.75	00:47:54	00:45:03	00:43:30	00:47:54
Daryl Davies	Run Blandford	6	31.5	01:06:42	00:52:04	00:42:56	01:06:42
3. Dream Team - 13 laps - 68.25 miles - 12:21:41							
Trish Monks		3	15.75	00:52:02	00:48:32	00:45:28	00:52:02
Jon Vaughan		3	15.75	00:57:08	00:53:52	00:50:41	00:57:08
Andrew Simpson		3	15.75	00:58:18	00:52:56	00:49:39	00:58:18
Helen Monks		4	21	01:13:29	01:08:54	00:59:41	01:13:29
4. The Shrubbers - 11 laps - 57.75 miles - 11:20:23							
Chris Taylor	Lostock AC	1	5.25	01:06:33	01:06:33	01:06:33	01:06:33
Lucy Benton	none	3	15.75	01:27:08	01:21:54	01:15:46	01:27:08
Karen Taylor	Lostock AC	3	15.75	00:54:08	00:50:17	00:47:48	00:54:08
Jaeda Goodman	Bournville Harriers	4	21	01:00:34	00:54:18	00:50:37	01:00:34
5. Rob and his running bitches - 11 laps - 57.75 miles - 12:09:47							
Amanda Williams		0	0	00:00:00	00:00:00	00:00:00	00:00:00
Sarah Checkley	trail running association	2	10.5	01:16:06	01:12:48	01:09:30	01:16:06
Kate Lassman		4	21	01:38:03	01:15:45	01:00:14	01:38:03
Rob Hammond	Trail running association	5	26.25	00:59:12	00:56:14	00:51:49	00:59:12



Weekend At The Races 2021

Unicorn Frolic - Fours



Name/Team	Club	Laps	Distance (miles)	Slowest Lap	Average Lap	Fastest Lap	Last Lap
6. UniKorn - 11 laps - 57.75 miles - 12:46:30							
Vicky Bailey		1	5.25	01:23:27	01:23:27	01:23:27	01:23:27
Lucy Mott		2	10.5	01:15:44	01:13:41	01:11:38	01:15:44
Louise Whitmore	Hedge End Running Club	2	10.5	01:04:46	01:03:27	01:02:07	01:04:46
Malin Lundin		6	31.5	01:15:24	01:08:07	01:00:00	01:15:07
7. PoffPod - 10 laps - 52.5 miles - 10:56:33							
Nathalie Collins	Lytchett Manor Striders	2	10.5	01:36:33	01:26:48	01:17:02	01:36:33
Peter Collins	Lytchett Manor Striders	2	10.5	01:04:38	01:02:01	00:59:24	01:04:38
Elaine Higgs	Lytchett Manor Striders	3	15.75	00:51:44	00:50:54	00:50:21	00:50:38
Nick Gavin	Lytchett Manor Striders	3	15.75	01:41:25	01:08:43	00:51:44	01:41:25
8. Ruth Medcroft - 9 laps - 47.25 miles - 09:47:41							
Isobel Medcroft	Ruth Medcroft	2	10.5	01:03:19	01:01:21	00:59:24	01:03:19
Tom Jackson		2	10.5	01:17:47	01:17:09	01:16:30	01:17:47
Max Fudge		2	10.5	01:15:28	01:09:35	01:03:42	01:15:28
Dave Medcroft	Hogweed trotters	3	15.75	01:07:24	00:57:09	00:50:20	01:07:24
9. Only here for the medal! - 9 laps - 47.25 miles - 12:18:02							
Emma Greaves		1	5.25	02:27:14	02:27:14	02:27:14	02:27:14
Fran Florendine		2	10.5	01:11:37	01:09:29	01:07:21	01:11:37
Anna Clarke		3	15.75	01:07:51	01:04:37	01:02:50	01:07:51
Helen Spilsbury	Emersons Green Running Club	3	15.75	02:01:01	01:25:58	01:04:21	01:12:33
10. Shelley, Alice, Jamie & - 9 laps - 47.25 miles - 12:25:17							
Jamie Dunn		1	5.25	01:20:04	01:20:04	01:20:04	01:20:04
Alice Tucker		2	10.5	01:15:19	01:13:51	01:12:23	01:15:19
Shelley Moodie		3	15.75	01:24:33	01:15:51	01:07:53	01:24:33
Nicola Vaughan		3	15.75	02:05:42	01:36:38	01:19:34	02:05:42



Weekend At The Races 2021

Unicorn Frolic - Fours



Name/Team	Club	Laps	Distance (miles)	Slowest Lap	Average Lap	Fastest Lap	Last Lap
11. Will's Team - 8 laps - 42 miles - 06:38:41							
Louise Ujvari		1	5.25	01:01:42	01:01:42	01:01:42	01:01:42
Corrina Stevens		2	10.5	00:53:20	00:50:40	00:48:00	00:53:20
Will Harbridge		2	10.5	01:06:54	00:55:59	00:45:04	01:06:54
Marc Ujvari		3	15.75	00:43:30	00:41:13	00:39:39	00:43:30
12. Pug - 8 laps - 42 miles - 11:12:58							
Steve Bowers		2	10.5	02:33:04	02:00:32	01:28:00	02:33:04
Maria Bowers		2	10.5	01:25:18	01:22:51	01:20:24	01:25:18
Paula Thomas		2	10.5	01:17:38	01:11:18	01:04:58	01:17:38
Colin Smith		2	10.5	01:02:06	01:01:46	01:01:27	01:01:27
13. Dynamic Duo - 7 laps - 36.75 miles - 07:22:55							
Richard Jones	Ampthill & Flitwick Flyers	0	0	00:00:00	00:00:00	00:00:00	00:00:00
Claire Jones	Ampthill & Flitwick yers	2	10.5	01:13:09	01:08:53	01:04:36	01:13:09
Christine Sharman	Ampthill & Flitwick Flyers	2	10.5	01:32:30	01:15:04	00:57:38	01:32:30
Paul Court	Ampthill & Flitwick Flyers	3	15.75	00:56:50	00:51:40	00:47:46	00:56:50
14. Kylie, Tash, Sam & Rosie - 7 laps - 36.75 miles - 07:55:19							
Kylie Torr	Itchen Spitfires Running Club	1	5.25	02:24:03	02:24:03	02:24:03	02:24:03
Tash Avery	Itchen Spitfires Running Club	2	10.5	01:01:37	00:55:11	00:48:45	01:01:37
Sam Cox	Itchen Spitfires Running Club	2	10.5	00:57:11	00:56:51	00:56:31	00:56:31
Rosie Phillips	Itchen Spitfires Running Club	2	10.5	00:53:47	00:53:34	00:53:21	00:53:21
15. Emma, Alana, Emily & Verity - 7 laps - 36.75 miles - 08:08:49							
Emma Tonkin		1	5.25	01:11:32	01:11:32	01:11:32	01:11:32
Alana Wrixon		1	5.25	01:17:12	01:17:12	01:17:12	01:17:12
Verity Aldous		2	10.5	00:58:46	00:53:54	00:49:01	00:58:46
Emily Wiltshire		3	15.75	01:47:32	01:17:25	00:58:34	01:47:32



Weekend At The Races 2021

Unicorn Frolic - Fours



Name/Team	Club	Laps	Distance (miles)	Slowest Lap	Average Lap	Fastest Lap	Last Lap
16. Cirque de Sore Legs - 7 laps - 36.75 miles - 08:09:23							
Nikki Lawson		0	0	00:00:00	00:00:00	00:00:00	00:00:00
Pete Arnold		1	5.25	01:10:46	01:10:46	01:10:46	01:10:46
Laura Rydiard	Cirque de Sore Legs	2	10.5	01:35:36	01:22:37	01:09:38	01:09:38
Mike Rydiard	Cirque de Sore Legs	4	21	01:20:10	01:03:20	00:54:02	01:20:10
17. July 77ers - 4 laps - 21 miles - 05:40:29							
Karen Chapman	COSARC	0	0	00:00:00	00:00:00	00:00:00	00:00:00
Clare Wills	COSARC	1	5.25	01:40:14	01:40:14	01:40:14	01:40:14
Graham Geraghty		1	5.25	01:12:13	01:12:13	01:12:13	01:12:13
Hazel Austin		2	10.5	01:39:07	01:24:00	01:08:53	01:39:07

